



Art therapy

Based on principles of psychology and visual arts, this approach encourages self-expression through the creation of images. Anyone can get in touch with their creative process in order to explore and better understand their feelings about death.

The workshop is run by Jean-Marc Péladeau, member of the Association des art-thérapeutes du Québec, and takes place once a month at salon b, 4231b, boulevard Saint-Laurent (corner Rachel).

The service is free to all Memoria clients.

For other participants there is a charge of \$25 per workshop (material included).

2009 workshops:

February 19 - March 19 - April 16 - May 21

The number of participants is limited.
You must reserve by calling (514) 277-7778.